



Well-balanced, healthy and convenient daily meals for everyone



No MSG and preservatives added



Well-balanced Diet



Healthier cooking methods

Besty Pte Ltd reserves the right to exchange the dish to another of equivalent value without prior notice, due to seasonality.

Do note that the dishes in the menu are fixed and replacement of dishes will not allowed

周日 DAY	日期 DATE	 菜肴一 DISH 1	 菜肴二 DISH 2	 汤 SOUP
星期一 MON	19 OCT	鲜蒜时鱼 GARLIC FISH	芦笋鸡片 FRIED CHICKEN W ASPARAGUS	玉竹鸡汤 YU ZHU CHICKEN SOUP
星期二 TUE	20 OCT	蒸药材鸡肉 STEAMED CHINESE HERB CHICKEN	干贝炒菠菜 FRIED SPINACH W SCALLOP	南瓜三文鱼汤 PUMPKIN W SALMON FISH SOUP
星期三 WED	21 OCT	番茄蒸鱼 STEAMED FISH W TOMATO	西兰花炒蛋 FRIED EGG W BROCCOLI	灵芝汤 LING ZHI SOUP
星期四 THU	22 OCT	南姜油鸡 SOYA SAUCE CHICKEN	虾仁豆腐 BRAISED BEANCURD W PRAWN	四神鸡汤 SI SHEN CHICKEN SOUP
星期五 FRI	23 OCT	沙律鱼 SALAD FISH	八宝海参 EIGHT TREASURE SEA CUCUMBER	竹笙肉片汤 BAMBOO FUNGUS W SLICED CHICKEN SOUP



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