



周日 DAY	日期 DATE	 菜肴一 DISH 1	 菜肴二 DISH 2	 汤 SOUP
星期一 MON	07 OCT	潮式蒸鱼 TEOCHEW STEAMED FISH	百合炒西芹 STIR FRIED CELERY W LILY BULB	雪耳苹果汤 WHITE FUNGUS W APPLE SOUP
星期二 TUE	08 OCT	当归烤鸡扒 BAKED CHICKEN CHOP W DANG GUI	香菇芥兰 KAI LAN W MUSHROOM	八珍乌鸡汤 BA ZHEN BLACK CHICKEN SOUP
星期三 WED	09 OCT	葱油灼鱼片 STEAMED FISH IN SHALLOT OIL	娃娃菜 CHINESE BABY CABBAGE	干贝枸杞菜肉碎蛋花汤 EGG SOUP W SCALLOP & WOLFBERRY
星期四 THU	10 OCT	梅菜蒸肉饼 STEAMED MINCED MEAT W PRESERVED VEGETABLE	西兰花虾仁炒蛋 FRIED EGG W SHRIMP & BROCCOLI	花生莲藕鸡汤 LOTUS ROOT & PEANUT CHICKEN SOUP
星期五 FRI	11 OCT	酱蒸鱼 BEAN SAUCE FISH FILLET	腰果四季豆 FRENCH BEAN W CASHEW NUTS	灵芝汤 LIN ZHI SOUP